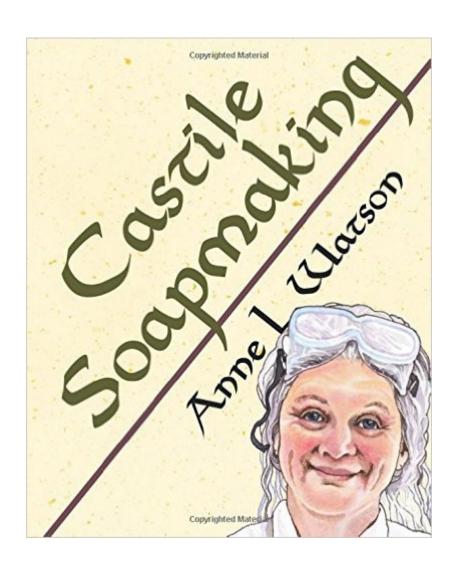
## The book was found

# Castile Soapmaking: The Smart And Simple Guide To Making Lovely Castile Soap From Olive Oil Quickly, Safely, And Reliably





# **Synopsis**

Washington. /////////////////A CONTENTS GETTING STARTED (Facts and Myths About Castile) THE KEYS TO CASTILE (Moving It from Factory to Kitchen) WHAT DO I PUT INTO IT? (The Ingredients of Castile) WHAT DO I USE TO MAKE IT? (Gathering the Equipment You Need) Recipe: Anne's Classic Castile STEP-BY-STEP CASTILE SOAPMAKING (From Prep to Cleanup and Beyond) MORE RECIPES! (Different Castile Soaps You Can Try)Â Recipe: Milk CastileRecipe: Herbal CastileRecipe: Oatmeal CastileRecipe:

Cleansing CastileRecipe: Gardener's Lemon Poppy Seed CastileRecipe: Castor

CastileRecipe: Coconut Castor CastileRecipe: Tropical Castile WHY? WHY? (Frequently

Asked Questions)Â WHERE TO FIND MORE

# **Book Information**

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### **Customer Reviews**

Does not include information on liquid Castile Soap as I had hoped. It didn't claim to, I just thought it would. I had also hoped for more information on working with KOH, which I found, oddly, on a website for making Biodiesel. The good tips I found on the biodiesel website are as follows:1. According to the website KOH does not interact with polypropylene. You can look at your container and if it has a recycle number 5 with a little pp under it, it's polypropylene and is safe. I'm using a rubbermaid pitcher and a yogurt container. You should not mix KOH in glass. The reaction generates heat, so you don't want it to melt your plastic or blow up glass - see step three.2. Use a container that is much larger than what you need when mixing the KOH into the water.3. Put some cold water or ice in a sink and place your mixing container into the cold water (make sure it doesn't want to float and tip over). This will allow the heat generated during the reaction of the water and KOH to dissipate into the surrounding cold.4. add the KOH slowly and stir.5. don't breath or get fumes on you - do in a well ventilated area with no wind, obviously wear protective clothing, gloves, mask etc. Other - MSDS says to rinse any you get on you for quite a while with water. Some people use Vinegar, but I've read that causes a reaction you don't want happening on your skin. I keep the vinegar handy to neutralize my tools/equipment as I'm washing things, and so I don't get anything down my drain that will react in the drain. This issue could use some more research - vinegar or no vinegar. I would also like to know how long, while making liquid soap, is the steam from the soap making terribly caustic?

Title: Castile Soapmaking - The Smart and Simple Guide to Making Lovely Castile Soap from Olive Oil Quickly, Safely, and ReliablyAuthor: Anne L WatsonPublished: 2-1-2016Publisher: Shepard PublicationsPages: 48Genre: Crafts, Hobbies & HomeSub Genre: Health, Mind & BodylSBN: 9780938497660ASIN: B013H08BAUReviewer: DelAnneReviewed For: NetGalleyMy Rating: 5 stars.From the book: CONTENTSGETTING STARTED - (Facts and Myths About Castile)THE KEYS TO CASTILE - (Moving It from Factory to Kitchen)WHAT DO I PUT INTO IT? - (The Ingredients of Castile)WHAT DO I USE TO MAKE IT? - (Gathering the Equipment You Need)Recipe: Anne's Classic CastileSTEP-BY-STEP CASTILE SOAPMAKING - (From Prep to

Cleanup and Beyond)MORE RECIPES! - (Different Castile Soaps You Can Try)Recipe: Milk Castile; Recipe: Herbal Castile; Recipe: Oatmeal Castile; Recipe: Cleansing Castile; Recipe: Gardener's Lemon Poppy Seed Castile; Recipe: Castor Castile; Recipe: Coconut Castor Castile; Recipe: Tropical CastileWHY? WHY? - (Frequently Asked Questions)WHERE TO FIND MOREFROM THE INTRODUCTION:Castile soap is a soap made from olive oil, sometimes with other plant fats mixed in. It takes its name from the Castile region of Spain, where it was made. But similar soap has been linked to other places where olive oil was plentiful, such as Crete, Nablus, Damascus, Aleppo, and Marseille.There are romantic stories about the soap's origins -- stories involving queens, crusaders, and the Silk Road -- but little or no reliable information.

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